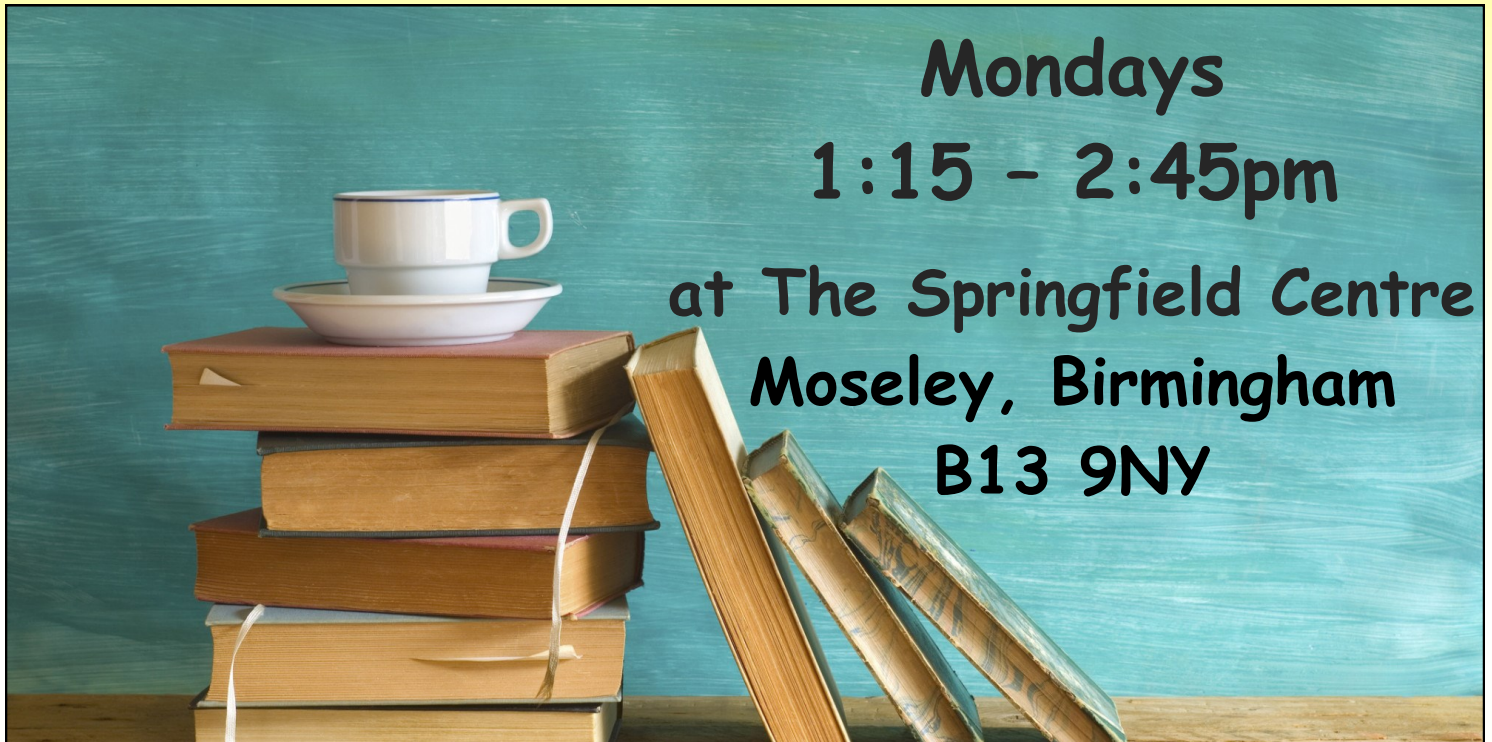


Reading for Wellbeing



Mondays

1:15 - 2:45pm

**at The Springfield Centre
Moseley, Birmingham
B13 9NY**

A friendly and informal group who read short stories and poems together, reflecting on the texts and discussing how they connect with our experiences.

All are welcome, aged 18 to 80+.

No reading required before the session.

Contact Carys or Deanna for more information
on 0121 777 2722



Springfield Neighbour Scheme



Birmingham South Central
Clinical Commissioning Group